

30th June 2023



# Mail on Friday

## Redhill Primary Academy and Nursery Weekly Newsletter

Email us at: [parentcontact@redhillprimary.co.uk](mailto:parentcontact@redhillprimary.co.uk)

### End of School Picnic Tuesday 18th July 2023

We are looking forward to welcoming you into school on Tuesday 18th July where you can join your child/children for a picnic on the field. You do not need to confirm your attendance. However, we do ask that only 2 adults per family attend with any younger siblings if applicable.

The event is subject to dry weather conditions.

Please refer to the letter sent last week for timings.

Please note that parking might be difficult, so please walk or car share where possible and also remember to bring your packed lunch and a blanket to sit on.

Please avoid parking on the hairdressers/Doctors car park.

### Dinner Money

Please can we remind you that dinner accounts need to be at a zero balance or in credit. If accounts remain in debt, we will be unable to offer your child a meal and will ask you to provide a packed lunch. Year 3 children in September will move off universal free school meals and therefore if your child would like a meal from the school dining hall, the cost is £2.35 per day, payable on ParentPay. If you are of a low income and would like to apply for Free School Meals, please visit the link:-

[https://www.telford.gov.uk/info/20028/school\\_meals/9/free\\_school\\_meals/3](https://www.telford.gov.uk/info/20028/school_meals/9/free_school_meals/3)

For our current Year 6 children; please be reminded that dinner accounts should be cleared and up to date by Friday 21st July. If your child's account is in any credit, Miquill Catering will refund you via ParentPay.

### The Mental Health Awards

Last Friday evening, Mrs Whiting and Mrs Cartwright attended The Mental Health in Education Awards 2023.

Unfortunately, we narrowly missed out on the Universal Wellbeing Award, coming runners up. The worthy winners of the category were an 18-25 centre, who provide their attendees with exceptional pastoral care, allowing them to gain qualifications that they could not achieve whilst at school.

The awards were given out by Michael Rosen, children's author and poet.

Even though Mrs Whiting and Mrs Cartwright were disappointed that Redhill didn't win the award, they were very pleased to meet Michael and have a photograph with him.



### Prime Bottles

We have seen a considerable number of Prime bottles in school being used as water bottles. Unfortunately, this has meant that we have seen an increase in difficulties amongst the children and also pressure on other parents to buy Prime for their children.

Please could we ask that children no longer bring these into school and find alternative water bottles.

Many thanks for your continued support.

### Sports in School

Our KS2 Girls' Tennis Team took part in a Telford and Wrekin schools' tournament on Tuesday. The girls did exceptionally well throughout the day and showcased some wonderful tennis skills and sportsmanship. Well done to all involved.



On Wednesday, our KS2 Boys Tennis Teams also took part in the Telford and Wrekin tennis tournament. On the day, the standard of tennis shown was incredible and the boys showcased some impressive individual and collective displays. Our two teams finished in first and joint second place. Well done to all who took part.



### Mrs Miller

Mrs Miller (Y3 teacher) will be leaving us at the end of this school year. She is moving on to a new teaching post and we wish her all the best at her new school.

### Children's Out of School Achievements

As you know, we are very proud of all that our children achieve, inside and outside of school.

We are always delighted to see the children's sporting medals, certificates, etc.

Although we will continue to celebrate children's accomplishments outside of school in class, and/or with the Headteacher when appropriate, we will no longer be posting them on Twitter.

We will be keeping Twitter clear for parents to see what the children are doing in school.

### Dogs

Please can we remind you that dogs are not permitted onto the school or nursery grounds. We would also ask if you could please refrain from tying your dog to the school fence and leaving it unaccompanied.

Thank you.

## End of Year Picnic Menu

The children can choose from the menu below for the end of year picnic. They can either have the takeaway meal (provided by the kitchen) or bring their own packed lunch. Please make sure that there is credit on your child's lunch account if they stay for dinner.



# End of Year Picnic

*Tuesday 18th*

*July 2023*

*Main*

*Chicken Burger*

*Fish Finger*

*Veggie Hot Dog*

*Served with chips  
and green peas*

*Dessert Options*

*Chocolate Tiffin*

*Traybake*

*Ice Cream*

*Fruit Salad*



## Drop in Sessions

Next Thursday 6th July will be the last drop in session for this school year.

We hope that you have enjoyed them.

We will inform you of drop in dates for the Autumn Term in September.

Thank you.



## The ROAR Project

We were fortunate enough to feature in the Friends of the Ironbridge Lions Newsletter this month.

They have kindly sponsored the school to undertake the ROAR project in September.

Those children who sign up to STEM club with Mr Hodgkison will have the opportunity to take part in this fantastic project.

We can't wait to see what the children come up with!

### Lions Roar at Redhill School



Our club has had a relationship with Redhill Primary School for some years and we are constantly impressed by the youngsters that we meet when we visit. A recent assembly presentation by the Lions produced a range of searching questions for Lion President Graham Powell – including one from a young lady who asked “did you say that the minimum age for joining the Lions is 18 or was it 80?”

This year the club is sponsoring the school, enabling them to participate in the very successful Lions “ROAR” programme. Roar is a national programme, now in its eighth year, for key stage 2 children (7 – 11 years old). The programme works as part of the school curriculum and is designed to encourage children to think big and to create “world-changing ideas”. The children work in

teams of three or four, creating the ideas, posters, models, jingles, and a sales pitch to share the advantages of their world changing big ideas!

Each school receives support from the award-winning education company *8 Billion Ideas* and when the ideas are completed each school holds an in-school final to identify the winning idea which then goes forward to be judged in local and regional finals.

Further information on the ROAR programme, including videos of the amazing ideas produced and presented by children in previous years, can be found at

<https://www.lions-roar.com/schools/>





## Healthy Lifestyles Week

Children and staff at Redhill have had a fantastic week taking part in Healthy Lifestyles Week. It has been a busy week full of activities: lots of different exercise sessions; tasks focussed on strategies for keeping calm and relaxed; and discussions around personal safety and how to maintain a balanced diet. This week couldn't have happened without the wealth of expertise from our visitors who have kindly given up their time to work with the children - thank you to Fit4Kids, who delivered workshops on the importance of physical exercise and Mr Lyttle, who launched our week by visiting the children in assembly. You will find lots of photos below of all the children enjoying their week.

## Our Assembly with Mr Lyttle

Mr Lyttle joined us on Monday to share how he became a successful footballer by maintaining a healthy lifestyle. The children listened beautifully and also asked him a whole host of questions.





## Healthy Lifestyles Week

As part of our Healthy Lifestyles week we took part in a 'Fit4Kids' class.

We had great fun learning different activities to keep us moving.

We enjoyed learning about alternative healthy food swaps to help us keep healthy.



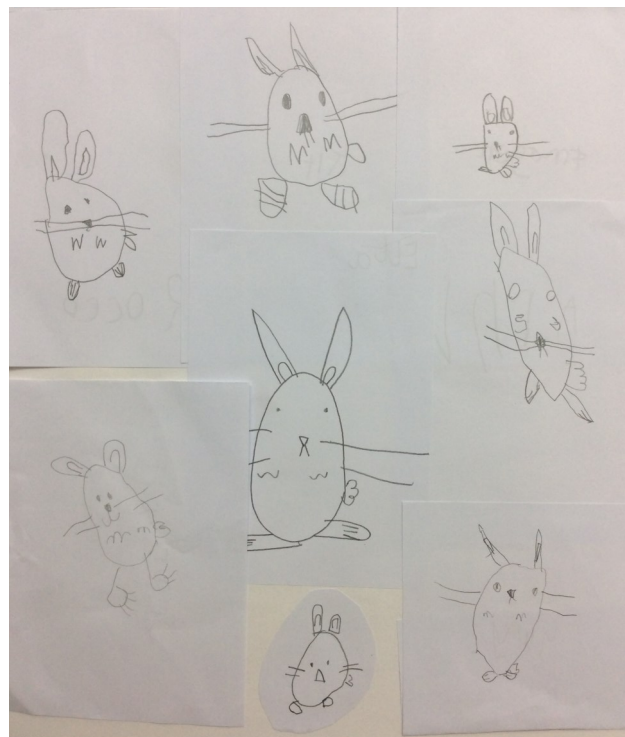
As part of our Healthy Lifestyles week we took part in a mediation session where we took time to reflect on our own bodies, thinking carefully about breathing .

We discussed how this is a good relaxation technique and can also help us if we are worried at anytime.



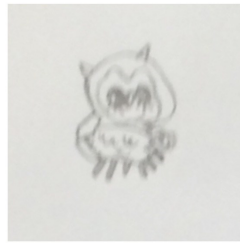
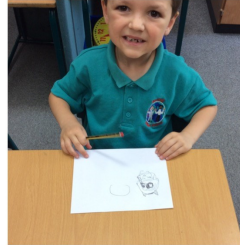
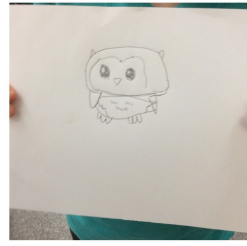
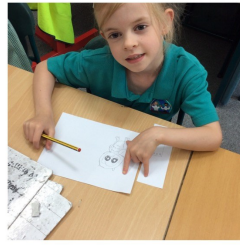
## Reception

This week we have completed a range of activities linked to our healthy lifestyle week. We took part in a 'Fit for Kids' session where we shared ideas about healthy foods and then took part in an active workout. We have also been thinking about keeping our minds healthy and completed a mindfulness drawing session in class.





# Year 1



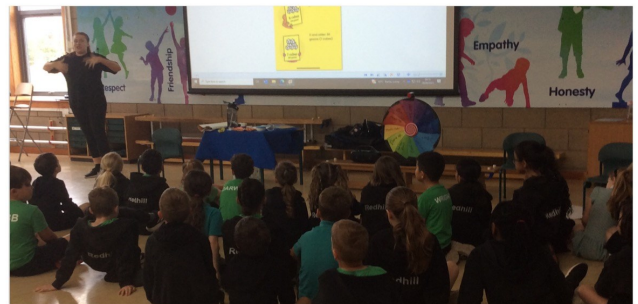


## Year 2 Healthy Lifestyles Week



This week we have taken part in Healthy Lifestyles Week.

One of our activities was to practise making an emergency phone call. We talked about scenarios when it would be necessary to dial 999 and then went through the process of making the call. We practised this in small groups, creating a scenario and making the phone call.



We also took part in a Fit4Kids workshop. We discussed being able to have a treat but that these must be in moderation and as part of a healthy lifestyle. We were quite shocked to see the amount of sugar found in some treats!

We had a go at a variety of different exercises to get our heart rates up and thought about how we could incorporate these into our daily lives.



We acknowledged how important it was to keep our mind healthy as well as our bodies. We took part in a drawing activity creating a 'kindness monster'. We had a go drawing one from a picture and then followed a tutorial. Our second monster we decorated in our own way.



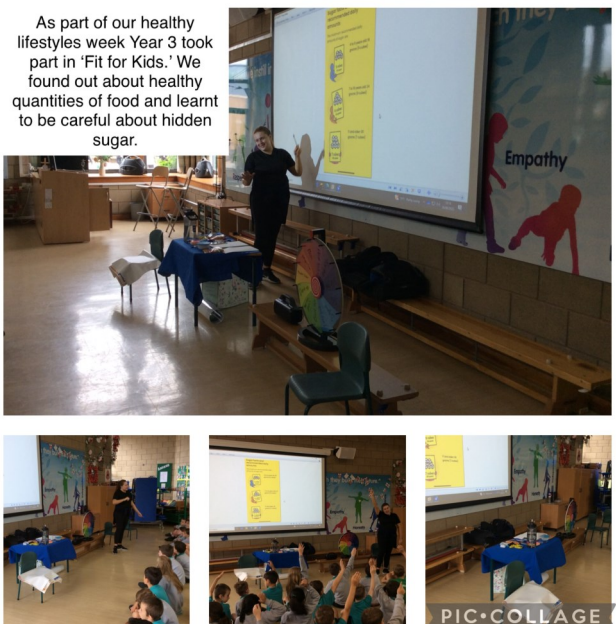
Year 3



We used the Crossbar Inflatable to shoot goals as part of our physical activities.



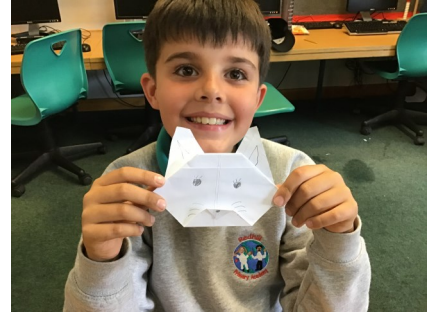
We made an origami dog as part of our mindfulness activities.



As part of our healthy lifestyles week Year 3 took part in 'Fit for Kids.' We found out about healthy quantities of food and learnt to be careful about hidden sugar.



## Year 4



At the start of the week, we carried out a mindfulness activity creating an origami cat!



On Wednesday, Claire from Fit4Kids taught about a healthy balanced diet. We were amazed how much sugar was in in our food. We then thought about our heart rate and how this increased when we exercise.



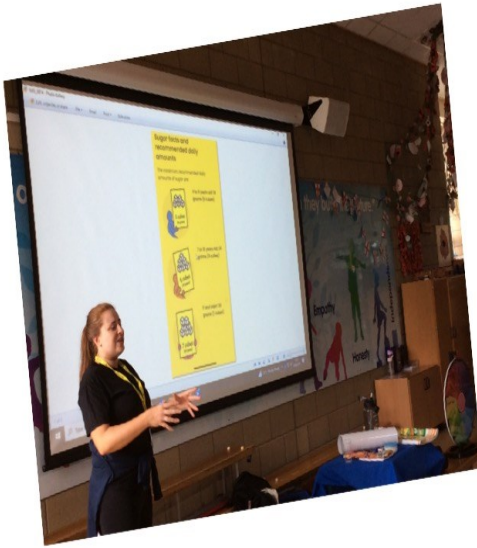
We had an in class assembly to find out about staying healthy.



On Thursday we used the Crossbar goals to carry out a fun but competitive activity. We had lots of fun!

## Year 5

The Year 5 children took part in a Get Fit session, learning how to live a healthy life and the importance of a balanced diet and good exercise.

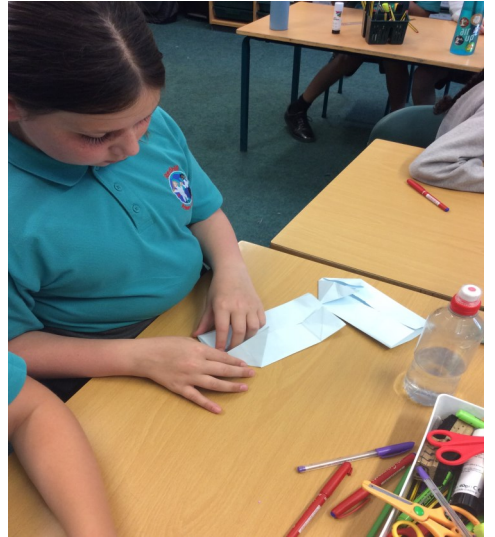
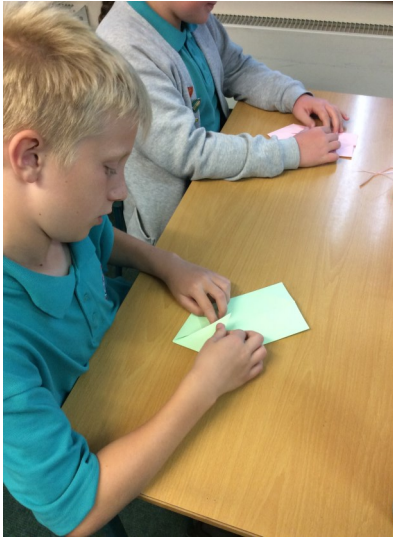
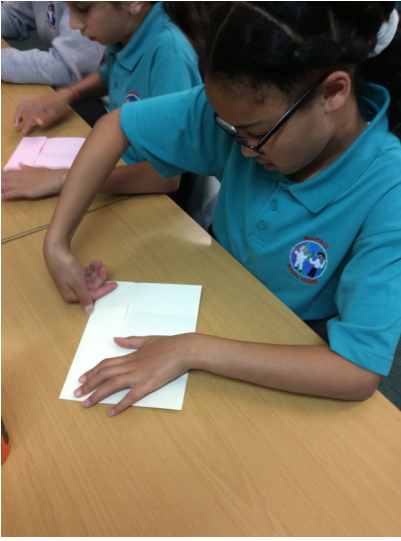


## **Get Fit Session**





Year 6





## What Parents & Carers Need to Know about

# YOUTUBE

YouTube is a video-sharing social media platform that allows billions of people around the world to watch, share and upload their own videos with a vast range of content – including sport, entertainment, education and lots more. It's a superb space for people to consume content that they're interested in. As a result, this astronomically popular platform has had a huge social impact: influencing online culture on a global scale and creating new celebrities.

### INAPPROPRIATE CONTENT

YouTube is free and can be accessed via numerous devices, even without creating a YouTube account. Some content is flagged as 'age-restricted' (requiring the user to be logged into an account with a verified age of 18), but children can still view some mildly inappropriate material. This can include profanity and violence, which some young users may find upsetting.

### CONNECT WITH STRANGERS

YouTube is a social media platform which allows people to interact with other (usually unknown) users. Account holders can leave comments on any video they have access to, as well as messaging other users directly. Connecting with strangers online, of course, can potentially lead to children being exposed to adult language, to cyberbullying and even to encountering online predators.

### SUGGESTED CONTENT

YouTube recommends videos related to what the user has previously watched on their account, aiming to provide content that will interest them. This is intended to be helpful but can also lead to binge-watching and the risk of screen addiction, especially if 'auto-play' is activated. Users without an account are shown popular videos from the last 24 hours, which might not always be suitable for children.

### HIGH VISIBILITY

Content creators can also be put at risk – especially young ones who try to make their online presence as visible as possible. Creating and uploading content exposes children to potential harassment and toxicity from the comments section, along with the possibility of direct messaging from strangers. Videos posted publicly can be watched by anyone in the world.

### TRENDS AND CHALLENGES

YouTube is teeming with trends, challenges and memes that are fun to watch and join in with. Children often find these immensely entertaining and might want to try them out. Most challenges tend to be safe, but many others may harm children through either watching or copying. The painful 'salt and ice challenge', which can cause injuries very quickly, is just one of many such examples.

### SNEAKY SCAMMERS

Popular YouTube channels regularly have scammers posing as a well-known influencer in the comments section, attempting to lure users into clicking on their phishing links. Scammers impersonate YouTubers by adopting their names and profile images, and sometimes offer cash gifts or 'get rich quick' schemes. Children may not realise that these users are not who they claim to be.

## Advice for Parents & Carers

### APPLY RESTRICTED MODE

Restricted Mode is an optional setting that prevents YouTube from showing inappropriate content (such as drug and alcohol abuse, graphic violence and sexual situations) to underage viewers. To prevent your child from chancing across age-inappropriate content on the platform, we would recommend enabling Restricted Mode on each device that your child uses to access YouTube.



### TRY GOOGLE FAMILY

Creating a Google Family account allows you to monitor what your child is watching, uploading and sharing with other users. It will also display their recently watched videos, searches and recommended videos. In general, a Google Family account gives you an oversight of how your child is using sites like YouTube and helps you ensure they are only accessing appropriate content.



### CHECK PRIVACY SETTINGS

YouTube gives users the option of uploading videos as 'private' or 'unlisted' – so they could be shared exclusively with family and friends, for example. Comments on videos can also be disabled and channels that your child is subscribed to can be hidden. If your child is only uploading videos that are protected as 'private', they are far less likely to receive direct messages from strangers.



### CHECK OTHER PLATFORMS

Influential content creators usually have other social media accounts which they encourage their fans to follow. Having an open discussion about this with your child makes it easier to find out how else they might be following a particular creator online. It also opens up avenues for you to check out that creator's other channels to see what type of content your child is being exposed to.



### MONITOR ENGAGEMENT

YouTube is the online viewing platform of choice for billions of people, many of them children. Younger children will watch different content to older ones, of course, and react to content differently. You may want to keep an eye on how your child interacts with content on YouTube – and, if applicable, with content creators – to understand the types of videos they are interested in.



### LIMIT SPENDING

Although YouTube is free, it does offer some in-app purchases: users can rent and buy TV shows and movies to watch, for example. If you're not comfortable with your child purchasing content online, limit their access to your bank cards and online payment methods. Many parents have discovered to their cost that a child happily devouring a paid-for series quickly leads to an unexpected bill!



### Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



**National Online Safety**

#WakeUpWednesday



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



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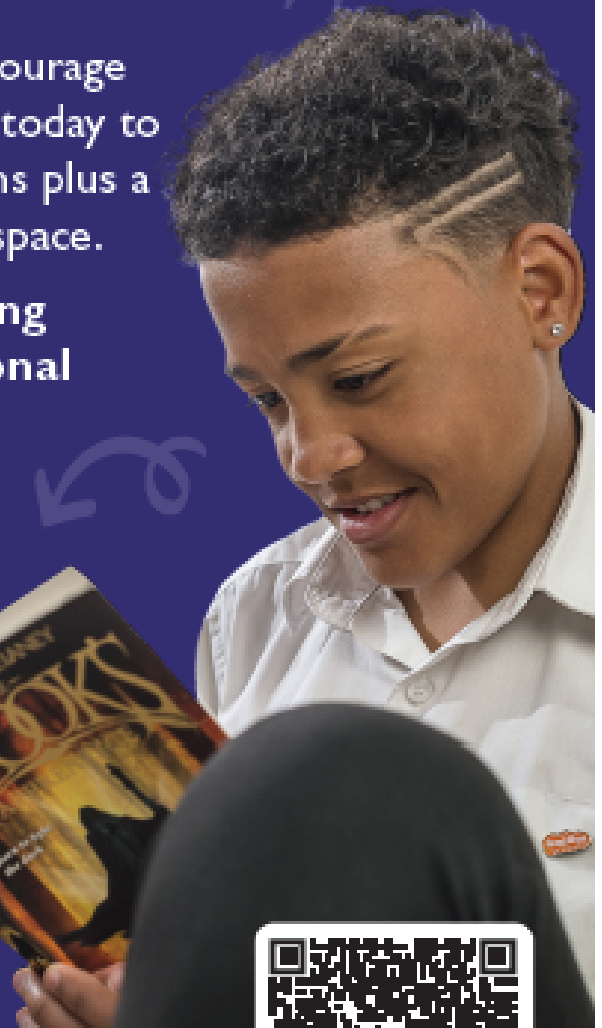


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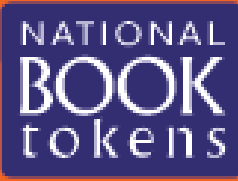


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# THE GREAT CROSSBAR SUMMER 2023

- WATER WEEK
- JUNGLE SAFARI
- PIRATES WEEK
- KIDS RULE
- SUPERHERO'S
- NINJA WARRIOR



## SUMMER TIMETABLE 2023



	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
LAWLEY	✓	✓	✓	✓	✓	✓
OLD PARK	✓	✓	✓	✓	✓	✓
REDHILL	✓	✓	✓	✓	✓	✓
ST GEORGES	✓	✓	✓	✓	✓	✓
PONTERBURY	✓	✓	✓	✓	✓	✓
BADSDOCK	✓	✓	✓	✓	✗	✗
GREENFIELD	✓	✓	✓	✓	✓	✓
MUCH WENLOCK	✓	✓	✓	✓	✓	✗
NEWDALE	✗	✓	✓	✓	✓	✗

